

HOSPICE *Gifts*

HOSPICE OF THE PIEDMONT, SHARING THE JOURNEY

FALL 2009

A Gift for Dolly's Biggest Fan

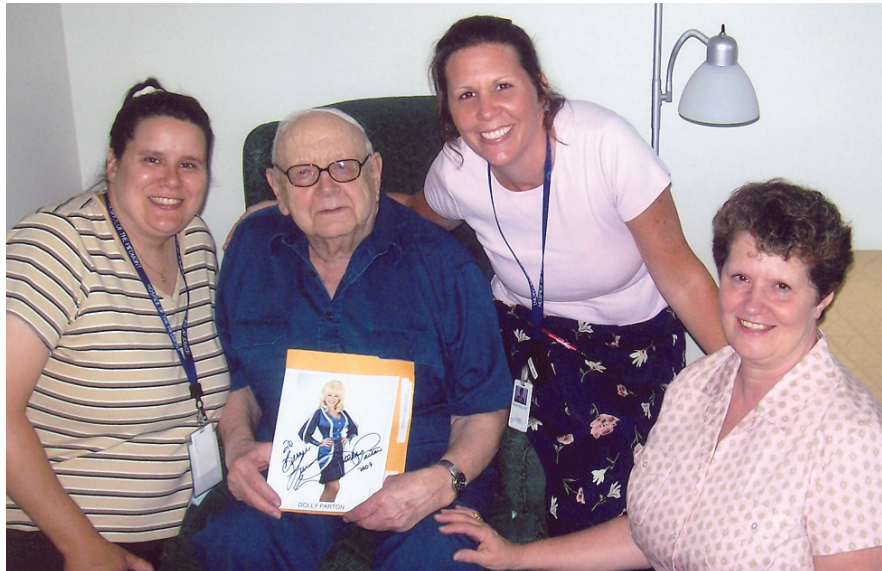
EVER SINCE HE HEARD HER sing on the Grand 'Ole Opry in 1960, Bernie Sorrells has appreciated Dolly Parton's talent for singing and acting and, "she's not bad to look at," he concedes. "So far as I am concerned she's just a nice person, and she's come a long way in her life."

Those who meet Bernie are drawn to his subtle sense of humor and the twinkle in his eye when he talks about the performing artist he loves the best. A soft spoken man who never traveled

"We get a level of support, kindness, and caring from Hospice of the Piedmont that we haven't experienced in other health care settings."

far from the Virginia countryside where he grew up, Bernie worked hard his whole life to provide for his wife and three children. These days, he's living quietly in his small apartment in Staunton, visited frequently by his daughter, Anita Moore, and other members of his family.

Bernie's "family" has grown a bit larger in recent months. He's now receiving care from members of the Hospice of the Piedmont interdisciplinary team—a nurse,



Sorrells, his caregivers from Hospice of the Piedmont, and daughter Anita Moore (R).

nursing assistant, a chaplain, and a social worker. He credits them with keeping him comfortable and living at home alone despite several health conditions; chief among them congestive heart failure.

It was his daughter, Anita, who made the initial call to Hospice of the Piedmont. "Dad has always made it perfectly clear he didn't want extensive measures to prolong his life. He's been getting along pretty well for several years, ever since the doctors found a mass in his colon. But a few months ago I noticed that his symptoms were getting worse."

Moore asked her father's physician if it was time to call hospice, but the doctor wasn't sure. She persevered,

and with good reason. In 2000, her mother died comfortably at home after more than a year of caring support provided by Rockbridge Area Hospice. "I knew hospice could provide a lot more than just nursing care the last few days of life."

Recently, Anita's mother-in-law was in hospice care too and one night when her husband was on the phone with a nurse Anita got on the line and set things in motion. Monique McEniry, a registered nurse, visited Bernie for his initial assessment and with very little fanfare he was enrolled. But the change in his life and in Anita's life was immediately noticeable.

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LOVED ONES SHARE THEIR THOUGHTS...

Friends and family members often share their sincere gratitude for the services we provide to their loved ones. These personal notes mean the world to everyone at Hospice of the Piedmont. We are honored to receive such kind words.

"We're very thankful for the many visits we had and help we received, and we realize we should have reached out to Hospice of the Piedmont much sooner."

"I will always remember your kindness and support during the final months of my wife's life. You have really dedicated people; please let them know that the work they do is very much appreciated."

"Each and every one of you lifted our spirits, gave loving care to my husband, calmed our worst fears and allowed us to achieve our most intimate moments together in our 49 years of marriage."

"Thank you for being there for us during our time of need! Your compassion and assistance with our mother and her wishes were deeply appreciated. Many thanks to the entire team serving us."

"...there are so many angels at Hospice of the Piedmont—many more than we had the opportunity of knowing. I am so grateful that we had the opportunity of working with your staff—I know I would not have been able to handle my caregiving responsibilities without you. Thank you for giving Mother such loving and caring attention through those last months of her life. God bless your work and your staff."

We invite you to share your thoughts and feelings with us:
newsletter@hopva.org,
(434) 817-6900, (800) 975-5501,
675 Peter Jefferson Parkway
Suite 300
Charlottesville, VA 22911

Hearing Their Voices

OF ALL THE LETTERS WE HAVE RECEIVED AT HOSPICE OF THE PIEDMONT over the years, one of the most moving is from a patient's daughter. Her mother had advanced Alzheimer's disease. At the onset of her illness, the patient was very clear with her family that she only wanted comfort care at the end of life. One day a community healthcare worker determined that the patient was in pain and needed curative medication. The patient's daughter, who lived some distance away, wrote many letters asking that her mother's wishes be upheld.



I often feel that the voice that gets lost in all of this is my mother's. I wish that you had had the privilege of knowing her when she was herself. She was a smart, beautiful woman who had strong opinions on the kind of issues we are facing now. I have one clear memory of a time when she and I were out shopping and a demented older woman with wild hair passed by, talking to herself. My mother turned to me and said, "If I ever get like that, you have to promise to shoot me." We laughed a bit, but she was dead serious, and there was a certain poignancy to her declaration. I hold the thought of my mother, as she was, in the forefront of my mind when making decisions with my father about her care.

I wish I could say this is an unusual situation, but that would not be true. Without the support of a generous community insistent on quality hospice care, patients and families like this can easily slip through the cracks of the healthcare system and never know about the quiet advocates within the Hospice of the Piedmont clinical team who work tirelessly to uphold the wishes of patients who can no longer speak for themselves, and to support the families who struggle to honor those choices.

We have learned through years of research that what we fear the most at the end of life is loss of control, pain and suffering, being a financial and care burden to our families, and being alone. In the early days of the hospice movement, we spoke about creating a "sacred space" where patients transitioned from life to death. To accomplish this takes the determined work of a full team of experts—compassionate professionals—aligning with the patient and family to assure a safe and comfortable death.

Hospice care eases the burden of illness, restore comfort and dignity, and allows the patients and their families quality time together. As Hospice of the Piedmont approaches its 30th anniversary year of service in this community, we celebrate the voices of thousands of patients we've served who struggle with serious illness and loss. Hearing their voices is not difficult, because they are our voices too.

We invite you to celebrate with us and spread the good news about Hospice of the Piedmont, experts in end-of-life care, advocates for patients and families, and protectors of the right of each of us to choose the care we want at the end of life.

 Roberta White, CEO

Q & A

When is the right time to contact Hospice of the Piedmont?

My mother has recently been diagnosed with a life threatening illness. She is still undergoing treatment; is there anything that Hospice of the Piedmont can do for us now?

Yes. The *Transitions* program is designed to provide support for individuals and families who are facing a serious illness, but who are not yet ready for hospice care. *Transitions* provides case management to help navigate the maze of options and resources available in our community. Volunteer support is also available to provide companionship, help with errands, transportation to appointments or treatment sessions, as well as respite breaks for family and caregivers. This program is available at no charge and is provided by Hospice of the Piedmont with the assistance of generous donations from the community. For more information call us at (434) 817-6900.

I think hospice care may be appropriate for my spouse, but I'm not sure. What should I do?

If you have questions we are always available to talk with you, in confidence, and with no obligation. We can be reached at (434) 817-6900. After business hours and on weekends our on-call staff is available to respond to your inquiry. Our professionals can provide a wealth of information to you over the phone, specific to your situation and needs. Information is also available on our website: www.hopva.org. Don't hesitate to contact us for information; we are here to help!

I'm worried about how my father's terminal illness will affect my five year old daughter. Is there anything that Hospice of the Piedmont can do to help?

We understand your concern. The journey through grief and loss may be difficult and lonely for children, but offering a safe place for them to express their feelings can really help. Through our *Journeys* program we offer services to both hospice families and any family in the community. After an initial meeting with our bereavement counselor and art therapist, we would decide together which of our services would work best for your family. Our goal is to help families communicate and support each other through grief. After the death of your father we will be there for you and your family through our *Journeys* child/teen and parent groups, camps, and individual support. To learn more about *Journeys*, call (434) 817-6900 or visit www.hopva.org.

If you have other questions please call us at (434) 817-6900 or visit our website: www.hopva.org

HOSPICE MYTHS

MYTH: Hospice is only for the dying.

FACT: Hospice of the Piedmont provides care and support to the patient and their entire family based on their specific needs. This support ranges from practical care giving, advice and training, to emotional and spiritual support. A full team of trained professionals and volunteers are available to assist the entire family with the difficult issues they are facing. Families are able to call on Hospice of the Piedmont's team for the help they need, when they need it.

MYTH: Hospice care is only available at the very end of life.

FACT: Hospice of the Piedmont can provide care and support to patients and their families for extended periods of time through the *Transitions* and hospice care programs. *Transitions* patients can receive volunteer support and case management services and still pursue treatment for their illness. The hospice benefit provided by Medicare and most private insurance policies covers six month of hospice care. When deemed appropriate, that six month period is extended as needed.

Myth: Hospice care is only for cancer patients.

Fact: Only 43.5% of the patients admitted to our care during the last year were diagnosed with cancer. Hospice of the Piedmont provides care and support for patients and their families with a wide variety of diseases, including Alzheimer's disease, heart disease, ALS/Lou Gehrig's disease, Multiple Sclerosis, and respiratory disease, among others.

"In hospice there's a real difference in the way you're treated," Anita explains. "We get a level of support, kindness, and caring from Hospice of the Piedmont that we haven't experienced in other health care settings."



Bernie Sorrells with his autographed Dolly Parton photo.

In particular, as her father's primary caregiver, she appreciates knowing that medical professionals are checking on her father on a regular basis. McEniry typically visits twice a week to conduct health assessments and make medication adjustments, and Barbara Bryant, a CNA, visits three times a week to assist with his bath and to take care of personal needs. At any time if Anita begins to notice something out of the ordinary that causes concern, she knows she can pick up the phone for advice and information.

The team includes Anita every step of the way. Indeed, typical of the hospice philosophy, together Bernie and Anita are considered the "unit of care."

"It's our job to manage Bernie's pain and symptoms, and to keep him

comfortable," McEniry explains. "But Anita also needs help and support, and that's why our team approach and this interdisciplinary process work so well." Chaplain Eva Marie Ireland is concerned with Bernie's spiritual needs. The social worker assigned to the case, Katie Heidingsfelder, ensures that Anita and Bernie have all the support they need, including counseling for day-to-day stresses and for the inevitable feelings of grief and frustration.

"They all help keep him connected to the world outside his door," Anita describes appreciatively.

In his matter-of-fact way, Bernie nods. "I don't reckon I could do any better, all things considered. Anita didn't have to convince me to get the help I needed."

The bonds between patient, daughter, and the care team have grown quickly. Walk just a few steps into Bernie's home and his love of Dolly Parton is readily apparent, and it's a pleasure for his clinical team to bring him magazines and books he hasn't yet read about her life.

With Bernie's 84th birthday on the horizon, everyone submitted entries in an AARP contest to win him a framed collector's edition photo of Parton. When that didn't work out, McEniry

went on a quest for memorabilia in Waynesboro and Staunton. On his birthday she presented Bernie with a framed, autographed photo donated by a fellow fan. Although the new photo assumed a place of honor on his dining room table, Monique wasn't satisfied. She took the time to handwrite a letter to Dollywood, sharing Bernie's story with Parton and asking for a personalized photo. Within a matter of weeks a new photo autographed, "To Bernie" was in a matching frame next to the first.

He's never attended a concert or seen her in person, and Bernie never made it to Tennessee to visit her birthplace. But Dolly's biggest fan has all the reminders of her he can enjoy in the comfort of his home. That's good enough for him.

"Call Hospice of the Piedmont. They can help."

"I worry that so many people are feeling alone and overwhelmed at the end of their life or when caring for someone they love," Anita confesses. "That's not the way it has to be."

"Call Hospice of the Piedmont. They can help." 🌱

2009–10 Dining Around the Area — On Sale Now

New this year—make plans for Dinner and a Show!

For the first time, seven local theatre companies have joined the cause to provide buy one/get one ticket opportunities to enjoy live, local theatre.

Meanwhile, enjoy great savings at many of the area's best restaurants with our Dining Card and Restaurant Directory. Your Dining Card provides you with one free entrée, or sizeable entrée allowance, when you purchase an entrée of equal or greater value.

An estimated value of more than \$700, it's yours for just \$45, and it's valid from November 1, 2009 to November 2010. Thanks to the generosity of 49 participating restaurants plus seven theatre companies, all proceeds from the sale of the Dining Around the Area Card benefit Hospice of the Piedmont.

Visit our website at www.hopva.org to purchase yours or call (434) 817-6900 to order one by phone with your Mastercard or Visa.



Corporate Partners Helping Hospice

LOCAL BUSINESSES AND organizations recognize the benefit of ensuring access to quality, compassionate hospice services as part of central Virginia's health care continuum. Indeed, executives often witness first-hand the dignity, compassion, and commitment brought by Hospice of the Piedmont staff and volunteers to the lives and families of their employees, and to their own circle of friends and family.

H. Carter Myers, president and CEO of Colonial Auto Group, is one of those. Each year for ten years, Hospice of the Piedmont has received an unrestricted contribution from Colonial Auto. Myers' mother was the recipient of hospice care

in her final days, and according to Myers, "it's a wonderful program and an asset in our community for anyone who is seriously ill."

For more than 20 years, numerous restaurant owners have participated in the annual "Dining around the Area" fundraiser that benefits Hospice of the Piedmont programs and services. For only \$45, individuals purchase a card and directory that entitles them to generous discounts at 49 fine restaurants throughout our nine-county service area. This year, seven local theatre companies are joining the cause. With a buy one/get one ticket offer they are increasing the "buzz" about this popular program. See page 4 for details.

Local eateries, like Papa John's, Bodo's Bagels, and Raising Cane's Chicken Fingers, have donated food for the Journeys grief support groups so that participating children and their parents and guardians can share a meal before their weekly session.



KESWICK CLUB
AN ORIENT-EXPRESS CLUB

Since 2003, the Keswick Club has organized and promoted the annual Sally Carle Memorial 5K on the first Saturday in June. Sally Carle, a much-beloved resident and member of Keswick benefited from hospice services at the end of her life. All proceeds are donated to Hospice of the Piedmont, and the event has steadily grown in size over the years. In 2009, more than 125 runners and walkers enjoyed an early-morning outing on a beautiful course through the grounds of Keswick.

Hospice of the Piedmont was one of several nonprofits benefiting from the Belk Charity Sale in May 2009. Another new opportunity this year comes from a partnership with Whole Foods (*see below*). 🌱

In 2010, Hospice of the Piedmont will celebrate 30 years in central Virginia.

The anniversary year offers local businesses and corporations numerous opportunities to visibly demonstrate their support for quality hospice services and programs.

If you are a business owner interested in supporting hospice services, we hope you'll sponsor an event during Hospice of the Piedmont's 30th anniversary year, or donate a product or service to our Gala auction.

For more information contact Karen Ratzlaff in the development office at (434) 817-6910 (email: karen.ratzlaff@hopva.org), or visit www.hopva.org/anniversary.php for details. 🌱

SUPPORT HOSPICE AT WHOLE FOODS

The local Whole Foods store has selected Hospice of the Piedmont as the beneficiary of two upcoming fundraisers.

They are:

November 6, 13, and 20 —

Visit Whole Foods at 300 Shoppers World Court, Charlottesville on one or more of these Fridays in November for **Fridays 5@5**. This fun, social affair for adults benefits Hospice of the Piedmont and gives store customers a chance to taste some great food and wine. For a \$5 donation you receive a punch card, a sticker, a glass, and an opportunity to enjoy a taste of a variety of wines paired with the tastiest of dishes. 5 wines @ 5:00 for a \$5.00 donation. All money collected



from this weekly event goes to Hospice of the Piedmont. Bring your friends!

December 2009 —

Each time you use a reusable shopping bag at Whole Foods, ask your cashier for a wooden nickel back. Throughout the entire month of December, drop your nickels into the Hospice of the Piedmont box located in the front of the store. Through **Nickels for Nonprofits**, your support for Hospice of the Piedmont can really add up. 🌱

20 YEARS AND COUNTING



Robert Talmadge Haynes, affectionately known as "Tal," has been a cornerstone of Hospice of the Piedmont since July 31, 1989. Tal began his career as Director of Development, a position he held until 1998 when his title was changed to Director of Community Relations, a nod toward Tal's ability to bring the community together for the good of Hospice of the Piedmont. Today, Tal focuses his time and talents on several special projects to help the marketing and development initiatives. Join us in congratulating Tal on achieving this milestone!

TIME IS RUNNING OUT!

If you're 70-1/2 or older, you can make tax-free gifts of up to \$100,000 directly from your IRA to qualified charities like Hospice of the Piedmont. But don't wait long—this opportunity expires Dec. 31, 2009. Contact Karen Ratzlaff at (434) 817-6910 for more information.

Hospice of the Piedmont to Celebrate 30 Years

IN 2010, HOSPICE OF THE PIEDMONT WILL CELEBRATE 30 YEARS of expert, compassionate, end-of-life service in homes and facilities throughout central Virginia.

Staff and volunteers are making plans for a variety of events and initiatives to celebrate this milestone. Additional details are available on our website at www.hopva.org/anniversary.php, but in the meanwhile, save the date for these events:

February 2010 – Faith Community Symposium

An educational forum open to all church and lay leaders in our community, this event will focus on aspects of care-giving and support at the end-of-life.

April 23, 2010 – Mountain Lights: 30th Anniversary Gala

April 24, 2010 – Foxfield Races

Held at Ash Lawn-Highlands, the 30th anniversary fundraising Gala will be *the* party of the year! All proceeds from sponsorships, ticket sales, and auction items will benefit hospice programs and services. The gala is held in concert with Foxfield Races the following day; Hospice of the Piedmont is the beneficiary of the spring race. 🌱

YOU ARE INVITED

LIGHT A LIGHT, REMEMBER A LIFE

DECEMBER 10, 2009 – 6:30PM – FIRST PRESBYTERIAN CHURCH

The time draws near for the 18th annual Hospice Illumination – A Celebration of Life.* We invite you to "light a light" to celebrate those whose lives you wish to honor and remember.

For each contribution of \$10 or more, a light will be placed on the Hospice Tree to shine in memory of your loved ones. For each light you sponsor, we can send a personalized card to your designee to notify them of your thoughtful gesture.

Then join us for the Illumination ceremony on December 10. This beautiful, candlelit service provides a meaningful opportunity to celebrate those whose lives you've shared. This year, for those who cannot attend the ceremony, we've added an option to create a personal memorial at home.

Visit our website at www.hopva.org for more details, or call (434) 817-6900 to request a Hospice Illumination brochure or to make a gift with your Mastercard or Visa.

Gifts must be received by November 20 to be acknowledged in the printed program.

HOSPICE OF THE PIEDMONT
Illumination
A CELEBRATION OF LIFE

*Formerly called Hospice Tree – A Celebration of Life

Upcoming and Ongoing Events

Remembering Our Children – If you are a parent who has experienced the death of a child, Hospice of the Piedmont can help. We are beginning a series in January that will provide education and support for those who are grieving the death of a child. There will also be an opportunity to join our ongoing Loss of Child Parent Support Group. We invite you to join us and other parents for discussion, support and healing.

Ongoing group meets the 1st & 3rd Mondays of the month, 6–7:30pm

Drop-In Bereavement Support Group – An open bereavement support group for any adult who has been affected by the death of a friend or family member. This is an opportunity to discuss grief topics and receive support from others going through the grief process.

Ongoing group meets the 2nd Monday of the month, 5:30–7pm

Men’s Breakfast Club – Come and be a part of this *NEW* social gathering for men coping with the death of a loved one. Gain support through conversation and connection with other men experiencing the ups and downs of grief. A breakfast buffet will be available for \$10.00 plus tax, payable by attendee at the front desk.

Meets: The 3rd Thursday of each month, 8:30am at The English Inn of Charlottesville
2000 Morton Drive (behind Emmet Street Bodo’s Bagels)

Beginning Your Grief Journey Workshop – Join us for an evening of education and sharing for the newly bereaved. We will introduce basic grief concepts and provide time to begin to share the story of your loss in a group setting. Afternoon sessions run from 1–3:30pm; evening sessions run from 6–8:30pm. Please call for specific locations in your area.

Albemarle County	December 2 , evening; January 6 , afternoon; February 3 , evening
Augusta County	January 13 , evening
Buckingham County	January 20 , evening
Fluvanna County	February 17 , afternoon
Greene County	February 24 , afternoon
Louisa County	December 16 , afternoon
Madison County	January 27 , evening
Nelson County	December 9 , afternoon
Orange County	January 10 , afternoon

Holiday Grief Support Workshop – A four week series of group sessions designed to provide support to adults and provide opportunities for participants to connect with others who are grieving during the holiday season.

Time: 6–7:30pm

November 17	Holiday Grief Survival Guide
November 24	Traditions Keeping the Old or Creating New
December 1	Honoring the Memory of Loved Ones
December 18	Looking Toward a New Year

Hospice Illumination – See page six for details

December 10 First Presbyterian Church, Charlottesville

Eight Week Support Group – Meet for eight consecutive weeks to learn about the grieving process and be with other who are grieving. These groups are for adults who have experienced the death of a loved one and three months have passed since the death.

Next eight week session begins the week of **January 11, 2010**

Just Rewards Day: A FREE Event for Caregivers – Contact: National Multiple Sclerosis Society. To register call: (800) 344-4867 or (434) 971-8010. Ask to register for the “Just Rewards Day.”

Or E-mail: vab@nmss.org.

November 17, 2–6:00pm

Journeys Support Group – Our 6-week sessions provide an opportunity for children, teens and their parents/guardians to receive grief education and support from a bereavement counselor, art therapists, and Journeys volunteers. (Dinner will be provided.)

Families may attend multiple sessions. For more information or to get an application, contact Hospice of the Piedmont at (434) 817-6900 or visit our website at www.hopva.org.

Call (434) 817-6900 or (800) 975-5501 for more information, including locations, directions and to reserve space in our groups.

For the most up to date information on events at Hospice of the Piedmont visit www.hopva.org.

In case of inclement weather, events will be cancelled if that county’s schools have been closed. 🌧️

COMMUNITY PROGRAMS AND SERVICES

Hospice of the Piedmont offers a number of programs available to the entire community.

Most of the following services are funded solely by donations and grants.

- **Transitions** is a pre-hospice, case management, supportive program. Trained and experienced volunteers assist patients and their families. A client coordinator works with the patient and their family to identify and access local resources. Patients can be seeking curative treatment while utilizing the support Hospice of the Piedmont provides through the Transitions program.
- **Piedmont Palliative Care** is a physician consultation service sponsored by Hospice of the Piedmont. Palliative Care aims to reduce suffering and improve the quality of life for patients with advanced illness as well as their family. Palliative Care consultations are available regardless of the patient’s prognosis or life expectancy.
- **Children’s Support Services** provides psychosocial and spiritual support for seriously ill and grieving children, teens, and their families. This program includes elements of the Journeys art therapy program, social worker, and spiritual care services.
- **Bereavement and Grief** programs are available to any member of the community dealing with issues of loss, whether or not they have an existing connection to Hospice. Support groups, limited individual counseling, and referrals to local resources are provided as a community service.
- **Journeys** is a series of programs developed to support children and teens (ages 4–18) who are trying to cope with the illness or death of a loved one. Individual therapy, support groups, and seasonal camps are available to young people, and support groups are provided for their parents or guardians.

Hospice of the Piedmont admits patients without regard to age, race, religion, political belief, gender, disability, national origin, sexual orientation, or ability to pay. 🌈



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OUR MISSION

Our mission is to serve our community with hospice care and supportive services related to serious illness and loss with the highest level of skill, compassion and respect.

VISION

To be the provider and the employer of choice in our community for the delivery of hospice care and supportive services related to serious illness and loss.

VALUES

Hospice of the Piedmont espouses the following values:

Respect

We recognize and appreciate the diversity, worth, dignity and privacy of every patient, family member, co-worker, and volunteer.

Advocacy

We actively support the patient's choice for end-of-life care.

Integrity

We hold ourselves to the highest level of ethical conduct in every aspect of our organization.

Stewardship

We make effective and efficient use of the resources available to help us accomplish our mission.

Effectiveness

We work with individuals and organizations to ensure the most effective, compassionate, appropriate and highest quality care available. 🌱

How To:

Contact Hospice of the Piedmont

Phone: (434) 817-6900 or (800) 975-5501

On-call staff is available 24-hours a day, seven-days a week.

Website: www.hopva.org

Email: info@hopva.org

Address: 675 Peter Jefferson Parkway, Suite 300, Charlottesville, VA 22911

Advocate for Hospice

If you are interested in following the impact of the various health care reform initiatives on hospice programs, visit the National Association of Hospice and Palliative Care Organization (NHPCO) website at www.nhpc.org/advocacy. You can sign-up to receive regular email alerts about steps you can take to advocate for quality hospice programs at the national, state, and local levels. Thank you for adding your voice to ours!

Volunteer

Volunteers are the “heart of hospice.” Without our current team of dedicated volunteers Hospice of the Piedmont would not be able to provide the quality and quantity of services we make available to our community. If you are compassionate, caring, and sensitive and have time, patience, and desire, your community needs you. Call one of our Volunteer Coordinators or email: tina.hughey-comers@hopva.org or kathy.doby@hopva.org.

Support Hospice of the Piedmont

We provide the “gold standard” of care for every patient and family we serve, regardless of their ability to pay. And we offer many valuable services that are not covered at all by revenue from Medicare, Medicaid, or private insurance—like grief support for adults and children, and pre-hospice support through Transitions. The scope of our services is enhanced immeasurably thanks to generous financial support from our community. To make a gift today, use the envelope included in this newsletter. To make a gift tomorrow, consider including Hospice of the Piedmont in your will or estate plan. Call Karen Ratzlaff, director of development, at (434) 817-6910 or email karen.ratzlaff@hopva.org.