



HOSPICE
OF
THE *Piedmont*

**YOUR PEACE
OUR PURPOSE**



HOW WILL YOU DEFINE A GOOD DEATH?

Starting the conversation about hospice care can feel overwhelming, but no one needs to do it alone. You and your loved ones should talk about what's important to you as you near the end of life: What are your goals? How do you want to spend your remaining time? Where do you want to be?

These are important questions, and you deserve to choose how you want to live during this time.

Hospice is medical care that focuses on comfort so that the final months of a person's life can be spent on what really matters, rather than enduring painful, often ineffective medical treatments. Since 1980, we've been proud to offer compassionate, expert hospice care to our community. This booklet is a resource that will help you understand what hospice offers, and how Hospice of the Piedmont can help.

HOSPICE

MYTH VS TRUTH

MYTH TRUTH

Hospice is a place you go to die.

Hospice care brings comfort to anywhere you call home: a private residence, an assisted living facility, or a nursing home. The point of hospice care isn't to uproot you—it's to meet you where you are and improve your quality of life. Most often, we see patients in their homes, but if your needs change, we have two inpatient facilities: the Center for Acute Hospice Care and Hospice House.

MYTH TRUTH

Hospice care is for people on their deathbeds.

Hospice is quality care for people who have received a prognosis of six months or less to live. At Hospice of the Piedmont, we know this is a valuable period of time. As your needs change, we seek to provide you care that brings you comfort, rather than a cure. You can always choose to stop hospice, and you can resume at any time.

MYTH TRUTH

Choosing hospice means leaving my doctor.

Our specialists will work closely with your provider, if you wish. Alternatively, we can provide you with a new doctor.

MYTH**TRUTH**

Hospice care is expensive.

Hospice of the Piedmont is dedicated to providing quality care to everyone, regardless of their ability to pay. Less than 0.5% of our patients ever receive a bill from us. Hospice care is covered by Medicare, and Hospice of the Piedmont is committed to providing quality care to everyone, regardless of their ability to pay.

MYTH**TRUTH**

My doctor has to refer me to hospice care.

Anyone can refer a patient to hospice—family members, friends, doctors, or even the patient.

MYTH**TRUTH**

Hospice means giving up.

Choosing hospice allows you to live the last chapter of your life as comfortably as possible. Our team is dedicated to addressing your individual emotional, spiritual, and social needs, not just your medical care. Hospice doesn't mean giving up at all—it means focusing on what matters most.



HOSPICE ELIGIBILITY CRITERIA

We provide exceptional end-of-life care for patients who:

- Have a prognosis of six months or less to live
- Want comfort care rather than curative care
- Live in the City of Charlottesville or our 12-county service area: Albemarle, Augusta, Buckingham, Culpeper, Fauquier, Fluvanna, Greene, Louisa, Madison, Nelson, Orange, Rappahannock

Palliative Medicine is offered regardless of prognosis to anyone with a serious illness in our service area.

WHY CHOOSE HOSPICE OF THE PIEDMONT?

Choosing the right hospice is an important decision.
What sets us apart?

HISTORY

We're the oldest hospice in the region, offering expert care and peaceful resolution to Virginia families since 1980. In addition to quality end-of-life care, we practice Palliative Medicine and provide grief support to the entire community.

QUALITY CARE

Thanks to our high-caliber medical care, we have one of the lowest hospital readmission rates in the state. We have a variety of facilities and staff to support you, whatever your needs may be.

HOLISTIC APPROACH

We know comfort care is about way more than medicine. That's why we have a dedicated team of doctors, counselors, and volunteers, who work together to support your wellbeing. Whether it's effective symptom management or comforting pet therapy, all of our services align to bring you peace.

GRIEF SUPPORT

No one should have to deal with loss alone. We provide grief counseling services to kids and adults, free of charge, regardless of whether they used our services.

COMMUNITY FOCUS

As a nonprofit, we're dedicated to supporting all members of our diverse community. The generosity of our donors allows us to offer a wider range of services to anyone who needs them.



WHERE IS CARE DELIVERED?

We bring care to you, wherever you call home. Our team provides care in private residences, nursing homes, assisted living facilities, and retirement communities. We also provide intermittent skilled visits as needed to support both patients and caregivers.

Should you need additional care, two inpatient facilities are available. Our Hospice House serves as a home-away-from-home for patients who require around-the-clock support. Alternatively, our Acute Care center provides short-term care for patients with acute symptoms that are better managed in a hospital environment.

WHO PROVIDES CARE?

Full-Time Chief Medical Officer

Hospice-Credentialed Medical Staff

Referring/Primary Care Physician

Nurse Practitioner

Registered Nurse and Licensed Practical Nurse

Certified Nursing Assistant

Social Worker

Chaplain/Spiritual Counselor

Death Doula

Volunteers

NO-COST ADDITIONAL SERVICES

Support For Caregivers

Grief Counselors

Music therapy (Harp & Guitar)

Art therapy

Pet therapy

Reiki & Massage

GRIEF AND HEALING

No one should have to cope with loss alone. We provide grief counseling to anyone who needs it. We offer specialized services for kids and adults. Anyone can take advantage of our services, even if their loved one wasn't in our care.

Our Kids' Grief and Healing programming provides community and creative healing to youth in need. Through our Journeys camps, teen groups, and creative expression programs, we help young people (4-18) forge connections with others and develop coping skills.



GRIEF INTERVENTION SUPPORT

The Grief Intervention Support Team is dispatched in urgent crisis situations throughout our 12-county service area, and beyond.

This team provides compassionate support to children, teens, and adults who are in crisis over a loss. We offer these services to schools, workplaces, and anywhere else where help is needed. For example, we've offered services to a school community after a traffic accident resulted in the death of two children, as well as staff at the workplace of a murder victim.

The response team is composed of Hospice of the Piedmont staff, including grief counselors, specially trained volunteers, social workers, and chaplains.



VOLUNTEER SERVICES

Volunteers play an essential role in delivering personalized, peaceful hospice care. Our volunteers work closely with our nurses and staff to provide patients with the experience they deserve. Volunteers support our community through:

- Providing meal prep, transportation, and other direct services to patients in need.
- Assisting with grief classes, calls, and one-on-one support.
- Applying their skills to better our community through Reiki therapy, massage, and our music program.
- Helping with administrative services.
- Getting involved in volunteer-led programs such as pet therapy, tuck-in calls, and 11th hour vigils.
- Hosting special events such as fundraisers and camps for kids.
- Holding pinning ceremonies to honor our veteran patients.
- Training to become a Death Doula and providing spiritual support.

If you're interested in sharing the invaluable gift of time and care, we invite you to learn more about volunteering at Hospice of the Piedmont.

Contact us at **434-817-6900** or **volunteers@hopva.org**
or visit our website **www.hopva.org/get-involved/**.

MISSION

To positively transform the way people view and experience serious illness, dying, and grief.

However you choose to live your last six months, we want to support you. Death is guaranteed, but a good death isn't – and we want to help you find a good death, however you define it.

Please contact us with any questions or concerns. We're happy to talk through how we can meet your needs, and to provide more information about what we offer.

CONTACT US

800-975-5501 | www.hopva.org

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Charlottesville, VA 22911

CULPEPER OFFICE

1200 Sunset Lane
Suite 2320
Culpeper, VA 22701

CENTER FOR ACUTE HOSPICE CARE

2965 Ivy Road
Charlottesville, VA 22903

HOSPICE HOUSE

501 Park Street
Charlottesville, VA 22902



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Serving Central and Northern Virginia since 1980