



What is Palliative Medicine?

Palliative Medicine is a care delivery program that focuses on treating patients with advanced or serious illness. This community-based care is delivered in a patient's home or in residential care facilities, like nursing homes, assisted living facilities, and continuous care retirement communities. The focus of Palliative Medicine's services is palliative (or comfort) care and symptom management—treating the symptoms of advanced illness like pain, nausea, fatigue, shortness of breath, anxiety, and more. Our experts in palliative care will also help you with navigating treatment options and advance care planning.

How Does it Work?

When a patient opts to receive care through care through our Palliative Medicine program, they will have consultation visits from one of our experienced nurse practitioners or doctors, who will then follow-up with the primary care provider. While receiving palliative care services, patients may continue with curative treatments. Visits from our medical team are billed to insurance as a specialty visit; coverage is dependent on individual insurance plans.

Is this Care Right for Me?

If you need relief from pain and other symptoms and challenges associated with advanced illness, Palliative Medicine can help you. Individuals currently pursuing curative treatments (such as chemotherapy, radiation, or dialysis) but also struggling with symptoms of advanced illness can benefit from the services available through Palliative Medicine. Palliative Medicine is appropriate for patients with illnesses including cancer, heart disease, lung disease, kidney disease, Alzheimer's, ALS and Parkinson's, and others.

Patients who want to continue to live independently—receiving services wherever they call home, instead of in a hospital setting—are the best fit for this care program. There is no limit to how long a patient may receive services through Palliative Medicine.

Palliative Medicine services are covered through Medicare, Medicaid, and most private insurers.

IMPACT SINCE 2020

450

Patients served

70+

Social worker visits to patients

590+

Nurse practitioner visits to patients

250+

Central Virginia providers collaborated with Palliative Medicine

LEARN MORE

visit our website
www.hopva.org
or call us at

434-423-0700
or 833-888-0265



FOUR WAYS PALLIATIVE CARE CAN HELP YOU

BODY

Manage symptoms
Cope with treatment
& side effects

MIND

Emotionally support you
and your family
Manage the stress of
living with an illness

SPIRIT

Honor your faith &
spiritual beliefs
Help you explore
meaning & purpose

LIFE

Advance care planning
Financial, legal, &
community resources



HOSPICE OF THE *Piedmont*
PALLIATIVE MEDICINE