Journeys Grief Support Workshops

Journeys has different upcoming grief workshops for families with children ages 5 and up who have experienced a death. Activities are different for each workshop. Evenings include dinner and an introduction to the workshop “theme.” Children & teens explore the thoughts and feelings of grief through creative expression. Adults meet as a group during children’s activity.

March 12, 2020
5:30-7pm
Bearable Reunion Workshop

Bring your Bearable or a piece of a loved one’s clothing to have a bear made. The evening will include a light dinner, ice breaker games, an art therapy activity in memory of your loved one and bereavement support for the adults.

April 7, 2020
5:30-7pm
Storytelling Workshop

Regi Carpenter is an award winning storyteller who combines mirth and meaning in life affirming stories for the grieving. She has performed across the world at hospices, homes and hospitals. Her work has been called “An expected gift that keeps on giving.”

May 14, 2020
5:30-7pm
Memorial Workshop

At this workshop in the month of Mother’s Day and Memorial Day, with Father's Day approaching, we will focus on remembering together as a family. Children will make a meaningful creation to display at home.

Located at Hospice of the Piedmont Office-Advanced Registration Required

(434) 817-6900 or 1-800-975-5501
Journeys Spring Day Camp

Saturday
April 25, 2020
Triple C Camp
8:45 AM — 4:45 PM

Children/teens ages 5-18 who have been affected by the death of a loved one are welcome. Campers will participate in activities and creative expression which will encourage bonding and communication, while memorializing their loved one. Activities will include art & music, the flying squirrel, a healing circle, grief education and a closing ceremony. Teens will participate in the physical and expressive activities with their peers. Lunch and snacks will be provided.

For an application, please call:
(434) 817-6900 or 1-800-975-5501
www.hopva.org

If transportation is an issue, please contact us