Journeys
healing grieving he**arts**

Surprise Summer Camp@Home
A Virtual Bereavement Camp

Journeys Virtual Bereavement Camp is an opportunity to meet other kids and share in some virtual fun even in the midst of grief. We want you to know that <u>**YOU**</u> are not alone and that it can be healing to share feelings and experiences with others who are also experiencing grief.

Who: For ages 4 – 18 who have experienced the death of a loved one
When: July 27 – 31; Monday – Friday from 10am – 11:15am
Where: Zoom!
With whom: **Journeys Art Therapists** – Kacie Karafa; Darlene Greene; Stephanie Wilson, and **Special Guests**, *Mike Deaton,* Drum Circle Facilitator; *Dr. Anne Stewart*, Chair, Association for Play Therapy Board of Directors and *Professor of Graduate Psychology* and *Nour Salem*, PsyD student, James Madison University; *Kelsey Lasher*, Program Director, Ride with Pride; and, *Cathy Bollinger*, Music Therapist

Register by contacting Sonja Fahy, Administrative Coordinator, at 434.817.6915
or email: sonja.fahy@hopva.org

Let's do this together! Here's what will happen…

1. First, receive a large box of camp supplies the week before camp.
2. Second, open one package of camp materials each day (package will be marked for the day on which it should be opened).
3. Third, log into Zoom each morning at 10 a.m. for 60-75 minutes to participate in the day's activity.
4. Fourth, enjoy drumming, equine therapy, art therapy, music therapy, and more over the course of the week.
5. Fifth, conclude with a grand finale and a closing candle ceremony to remember your loved one. **Sign up now since space is limited!** There is <u>no cost</u> for your participation or supplies, thanks to donations from our community. <u>Applications due before July 17th.</u>

Participants will need to have a Zoom-enabled device (phone, tablet, or other computer) and an internet connection. Please let us know if you need help acquiring a device or a connection, as we may be able to help!

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Sharing the Journey